



HOLIDAY PACKING LIST

Here's a handy checklist to help you think about what to pack for your holiday. You might not need everything on here, or your family might need some extra items that are specific and personal to you. This list will give you a great starting point and cover the essentials.

Clothing

- ☐ Underwear and socks
- ☐ Tops: vests, t-shirts, long sleeve tops
- ☐ Bottoms: shorts, jeans, trousers
- ☐ Shoes/trainers
- ☐ Swimming: Swimwear, beach/pool towel
- ☐ Pyjamas
- ☐ Backpacks or day bags

If it's looking chilly:

- ☐ Rain coats, puddle suits (for the little ones)
- ☐ Warm fleeces/jumpers/hoodies
- ☐ Gloves, warm hats, umbrella
- ☐ Wellies

If it's looking sunny:

- ☐ Sunglasses, hats
- ☐ Flip flops/sandals

Toiletries

- ☐ Suncream
- ☐ Toothbrushes and toothpaste
- ☐ Shampoo and conditioner
- ☐ Shower gel or soap
- ☐ Moisturiser: face and body
- ☐ Deodorant
- ☐ Hairbrush
- ☐ Hairdryer (if not provided)
- ☐ Razor and shaving cream (if needed)
- ☐ Personal medications
- ☐ First aid kit: plasters, antiseptic cream

Little ones

- ☐ Nappies, baby wipes, changing mat
- ☐ Bottles, formula
- ☐ Sippy cup/beaker
- ☐ Bibs
- ☐ Pram

Self-catering supplies

- ☐ Tea, coffee, sugar, milk
- ☐ Breakfast: bread, cereal, butter, spreads
- ☐ Easy meals: pasta, rice, tinned soup, baked beans
- ☐ Salt, pepper, cooking oil, ketchup, mayo
- ☐ Snacks (crisps, nuts, biscuits)
- ☐ Juice/squash
- ☐ Dish soap and sponges
- ☐ Paper towels and napkins
- ☐ Reusable food storage bags or containers
- ☐ Reusable shopping bags
- ☐ Water bottles
- ☐ Picnic blanket

Entertainment

- ☐ Books or magazines
- ☐ Board games or card games
- ☐ Toys and games for the children
- ☐ Outdoor games: football, tennis racket, frisbee
- ☐ Pool or beach toys
- ☐ Phones/tablets and chargers

Top tips!

Bringing along reusable items like water bottles, shopping bags, and a picnic blanket can save money and reduce waste.

For a self-catering holiday pack essentials you already have at home such as cereal, pasta, dish soap, a sponge to avoid the need to buy these items while away.