Fundraising 100's Challenge

Want to get more active or maybe just have some fun? Here are some ideas of things you can do in 100s. Use this as inspiration to set yourself a personal challenge or us it to help raise funds for Family Holiday Charity.



| 1) Take a photo of 100 shells | 16) Skip 100 times with a skipping rope |
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| 2) 100 cartwheels on a beach | 17) Loop around your garden or park 100 times on your bike/scooter |
| 3) Build 100 sandcastles | 18) Go up and down the stairs in your house 100 times |
| 4) Eat 100 ice creams with your family and friends | 19) Do 100 leapfrogs with your friends or family |
| 5) Leave 100 footprints in the sand | 20) Bounce a tennis ball on a racket 100 times, or get a rally going |
| 6) Swing on the monkey bars at the playground 100 times | 21) Name 100 cartoon characters |
| 7) Make 100 sandcastle flags | 22) Bake 100 brownie bites and sell them to raise money |
| 8) Make 100 links of bunting with a seaside theme (use our template!) | 23) Put on and wear 100 items of clothing and jewellery |
| 9) Throw a ball or frisbee 100 times in the park or garden | 24) Pick up 100 pieces of litter from your local park |
| 10) Swing on a swing 100 times in the park or garden | 25) Tell 100 jokes |
| 11) Slide on the slide in the park 100 times | 26) Do 100 starjumps |
| 12) Go for a walk with your family for 100 minutes | 27) Do 100 press-ups |
| 13) Spot 100 different things on your walk | 28) Do 100 burpees |
| 14) Find 100 different objects in your house | 29) Write 100 words about your favourite holiday |
| 15) Have a scavenger hunt with a 100 letter theme | 30) Donate £100 between friends, by asking 10 friends to donate £10 |

